

# CAPS VIRTUAL DROP-IN HOURS

As a temporary alternative to our regular drop-in consultations, our CAPS Virtual Drop-In hours will provide free, confidential, brief support and mental health screenings for students. During this visit, a specialized counselor can help you to explore resources, assess your mental health, and when needed, connect you to ongoing CAPS counseling, and other services.

## Weeks 6-10:



### Dashew Center for International Students and Scholars

Mondays 2pm-4pm (PST) with Jonna Howard, LMFT



### Undocumented Students Program

Tuesdays 10am-12pm (PST) with Arianna Morales, LMFT



### LGBTQ Campus Resource Center

Wednesdays 10am-12pm (PST) with Jenni Beckwith, LMFT



### Transfer Student Center

Fridays 10am-12pm (PST) with Courtney Walters, LMFT

## To schedule:

- Call the CAPS Front Desk (310) 825-0768 and indicate designated drop-in location or counselor.
- Students may call and request a drop-in with their affiliated clinician outside of the above hours.

