Spring 2020

Connection Circle

UCLA GRIT COACHING PROGRAM

Join us for our virtual drop-in group connection circles occurring weekly during Spring Quarter.

This space is for students to connect with one another, discuss their virtual education experience and its impact on all domains of life, and learn ways to navigate through principles of resilience, optimism & mindfulness.

Space is open to all current UCLA students.

The circles will be facilitated by GRIT Program Director, Nikita Gupta and GRIT Peer Coaches.

Tuesdays 12-1PM (Nikita Gupta)
Link: https://ucla.zoom.us/j/921238017
Meeting ID: 921 238 017

Wednesdays 2:30-3:30PM (GRIT Coaches)
Link: https://hangouts.google.com/group/7amJcu7JS8TcyEWa8